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# The Coach meeting



EGER, 2015. 05.

12

# Philosophy and Style of Play of our club





## Club Philosophy and Style of Play

- 1st Team way of play ( Italian)
- Academy way of play ( Dutch / Hungarian)
- Description of 4 Team Functions

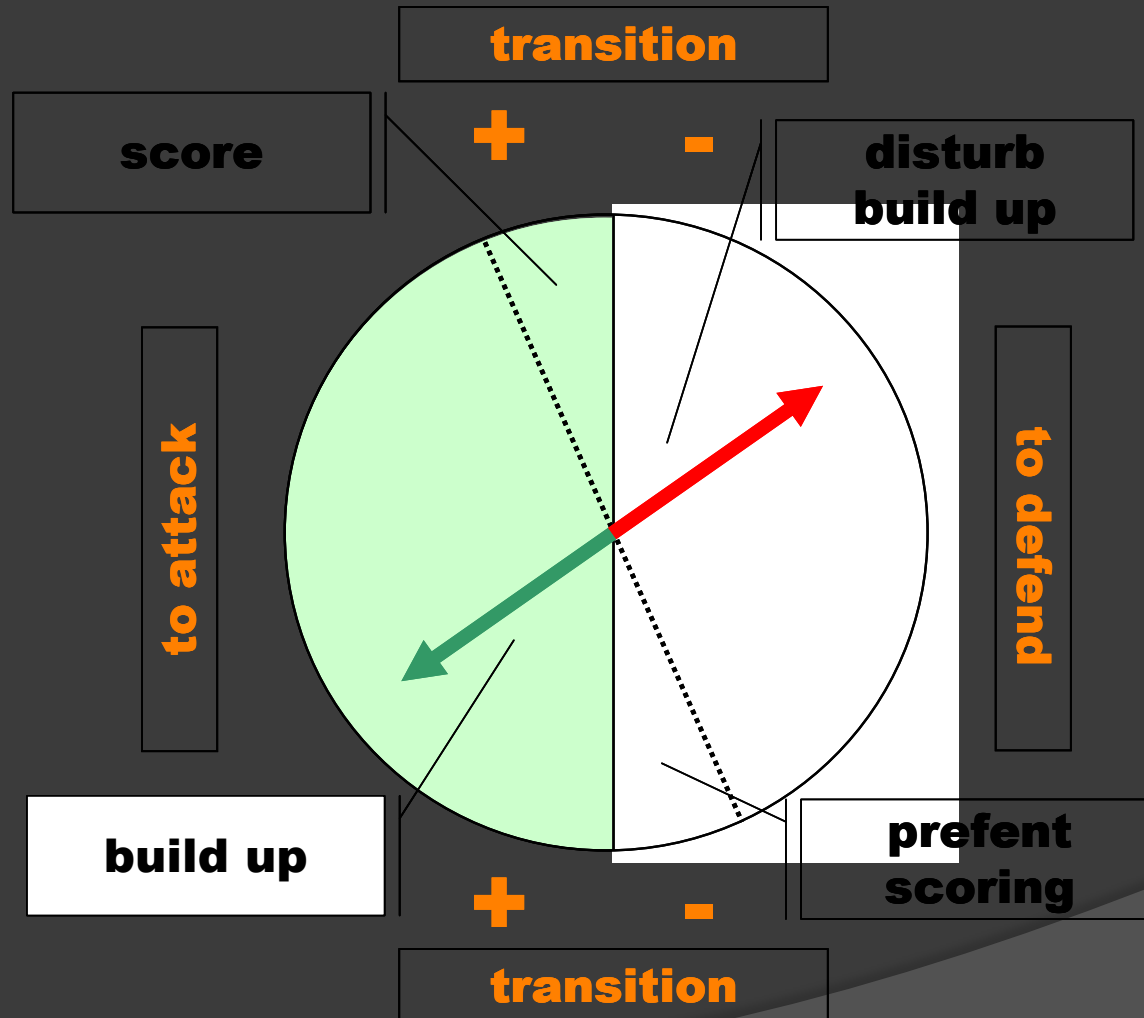


## Club Philosophy and Style of Play

- Team
- Lines
- Positions



# What is football?





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Aim of the game:



to win

# Teamfunctions



to attack





# Teamfunctions



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to defend



# Teamfunctions



transition



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# Teamtasks

**to build up and to score**

**to disturb and to prevent scoring**



**Aim of the game:  
to win**

**Teamfunctions:  
to attack – to defend – transition**

**Teamtasks:  
to build up and to score / to disturb and to prevent scoring**

Actions in soccer			
<b>Supporting (of the core)</b>  <b>Insight in the game:</b> <ul style="list-style-type: none"> <li>- individual player</li> <li>- choices</li> <li>- observing</li> </ul> <b>- relation teamtask/ teamfunction</b>	<b>the core</b>  <b>actions of movements</b>		<b>Supporting (of the core)</b>  <b>Communication:</b> <ul style="list-style-type: none"> <li>- insight in soccer at team level</li> <li>- tuning of soccer actions</li> <li>- observing</li> </ul>
	<b>with ball (technique)</b>	<b>without ball</b>	
	<ul style="list-style-type: none"> <li>- passing</li> <li>- dribbling</li> <li>- shooting</li> <li>- heading</li> <li>- receiving</li> <li>- playing man-to-man duels</li> <li>- etc. etc.</li> </ul>	<ul style="list-style-type: none"> <li>- getting free</li> <li>- squeezing</li> <li>- giving pressure</li> <li>- marking</li> <li>- etc. etc.</li> </ul>	



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# Organize the team





# Organize the team

## Attack:

- 1. Make and keep the Space big ( depth and width)
- 2. Playing deep goes for width
- 3. Playing width and back is to create possibility to play deep
- 4. Keep the ball
- 5. Field occupation optimal

## Defence:

- 1. Make and keep the space small (depth / width=squeeze)
- 2. Everybody helps in defence and helps as long as possible
- 3. Put and keep pressure on the player in ball possession
- 4. Mark short in the ball area
- 5. Cover the back and space further from the ball
- 6. Play within the rules



# Coaching Team



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# Coaching Team

- **Match preparation:** Training, Video, Team meeting, Individual Meetings
- **First half:** Coach on Spoken Subjects
- **Rest of the game:** Structure in 4 Main Moments (Team, Line, Individual)
- **Second half:** Coach on Made Appointments
- **After game:** Evaluation, Video, Team meeting, Individual Meetings, New Training





# Transition from Defence to Attack

- ⦿ What is transition from Defence to Attack?  
Counter Attack
- ⦿ From a tight defending organization (at the own half) switching quickly to attack with a ***high speed*** in order to score a goal.



# Organize the Team

- ⦿ Allow the opponent not to build up
- ⦿ Guide the opponent to one side of the pitch
- ⦿ Let the opponent play the ball in the midfield
- ⦿ (Let the opponent make a mistake)



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# Questions





# Questions

1. What could be the reasons to play the counter strategy?
2. What are the necessary defending actions as a preparation on the counter attack?
3. What are the necessary attacking actions to be able to play the counter attack?
4. What are the necessary individual skills to be able to play the counter attack?



# Reason Strategy



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# Reason Strategy

## *Structural*

- Vision of the coach
- Qualities
- Shortcomings
- Culture/philosophy
- \* Restarts

## *Incidental*

- Qualities opponent
- Shortcomings opponent
- Objective of the game
- Score
- Circumstances (man down)



# Defensive Preparation

- ⦿ Pressure the ball at once! (fast counter attack)
- ⦿ Drop back into your own half (make space small)
- ⦿ Force a slow pace of the game
- ⦿ Challenge the opponent to take risks
- ⦿ Choose right moment to pressure the ball  
→ to win the ball back
- ⦿ Position and anticipation of the strikers  
→ recognition of the moment



# Attacking Principles

- Play as quick as possible the long pass
- Running forward from midfield players and strikers
- Other players move up quickly
- Some players keep position in order to keep balance





# Individual Skills

## Individual skills:

- ⦿ Read the game (see space, knowing what to do)
- ⦿ Communication between players
- ⦿ Playing the deep ball fast
- ⦿ Skills with the ball: e.g. passing, holding the ball, penetrating pass, one-touch, dribbling, beating the opponent, finishing)
- ⦿ Discipline
  - patience
  - running "for nothing"
- ⦿ Fitness (speed, explosive ability)



# Preparation training session

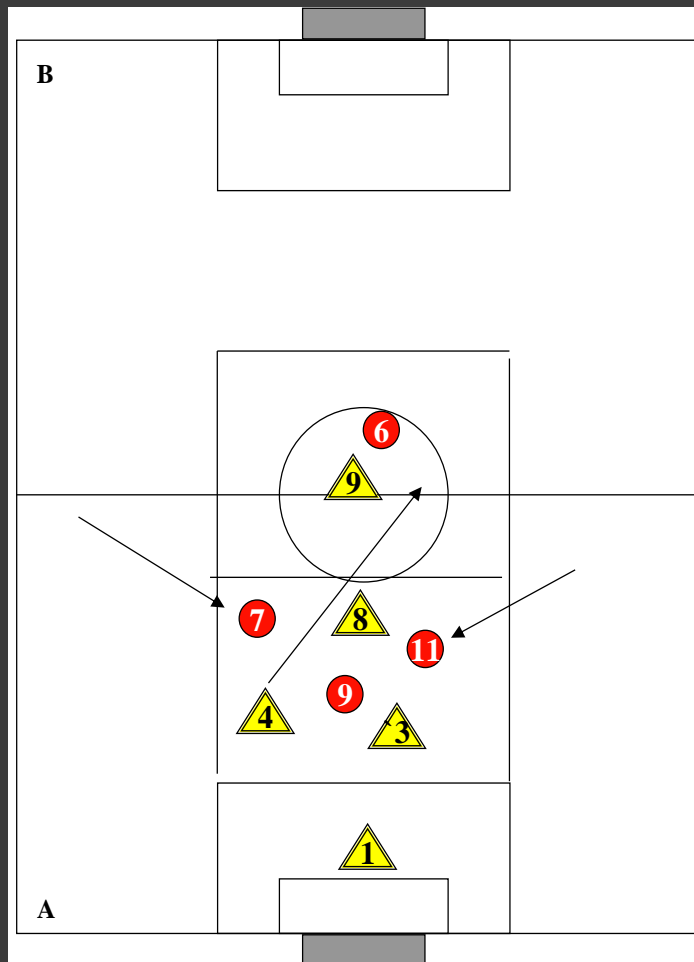
- The next opponent plays very attacking and lacks defending qualities.
- Make a training session in which you prepare your team to play the counter attack (team organization 1-4-3-3)



# 4 v 4 (3 vs 3 + 2)



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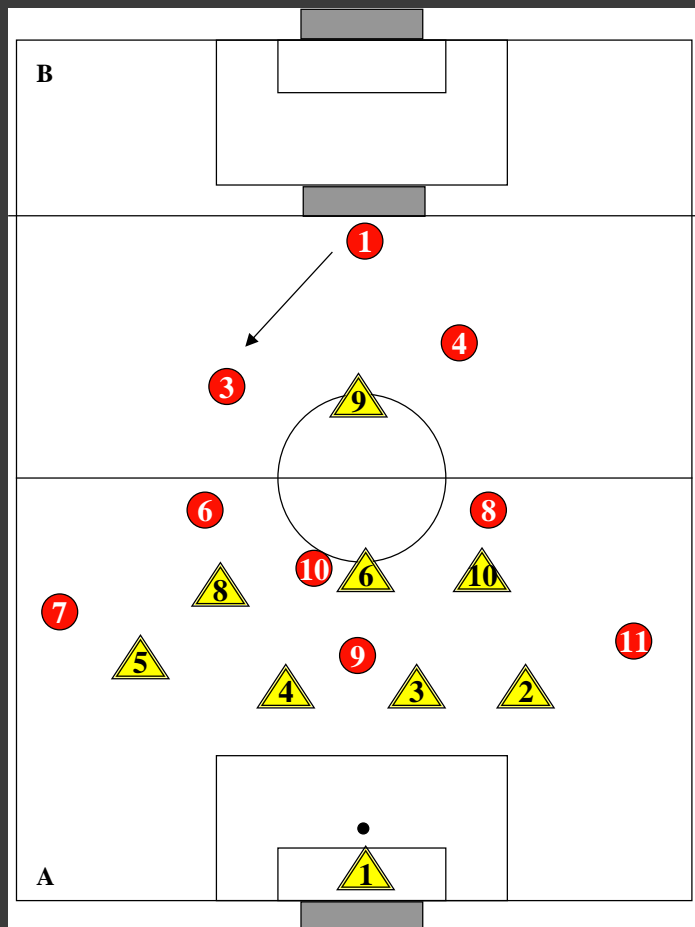


# 8 vs 6



formation A: 1-4-2-1  
formation B: 1-2-3 / 2-3-3

# 9 vs 9:



formation A: 1-4-3-1  
formation B: 1-2-3-3



# Individual + Position Training

- Always train as close to the match as possible
- Always train on own position
- Individual training based on improving necessary for the position



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**KÖSZÖNÖM A FIGYELMET!**

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